R-SRAFVP Task Descriptions

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| **Health Management and Personal Grooming** | |
| 1 | Medication set up: identifies medications, expiration dates and measures accurate dosage (liquid, pills, drops, drawing from a syringe, etc.). |
| 2 | Taking medication: opens bottles/packages, administers medication properly, including pills, liquids, eye drops, transdermal and injections. Recovers dropped medication. |
| 3 | Obtaining supplies/food: locating item and price: locates and selects desired item for self (either by visually identifying item or seeking appropriate assistance) and determines price. |
| **Personal Grooming** | |
| 4 | Dressing-locate, identify and match clothing: able to locate needed items of clothing; identifies clothing colors; matches outfits appropriately. |
| 5 | Hair care: combs, brushes, styles and washes hair. |
| 6 | Nail care: trims/files fingernails and toenails. |
| 7 | Oral care: accurately applies toothpaste, denture cream; thoroughly cleans teeth/dentures. |
| **Meal Preparation and Clothing Care** | |
| 8 | Meal Preparation-chop, slice, cut, peel; use knives safely: handles knives and peelers safely; cuts foods into relatively uniform and appropriately sized pieces; peels vegetable completely with minimal amount of waste. |
| 9 | Meal Preparation-pour/measure liquids and dry ingredients: pour, measure liquid/dry goods-identified correct measuring utensil; fills cup or spoon accurately with minimal spillage. |
| 10 | Meal Preparation-use microwave oven: locates and selects all settings accurately. |
| 11 | Meal Preparation-stove burners: sets desired temperature accurately; tells when burners are on/off. |
| 12 | Meal Preparation-use of oven-monitor temp and time: sets temperature accurately; tells when oven is on/off; monitors food accurately when cooking. |
| 13 | Clothing Care-laundering: set dials, measure soap, treat stains: accurately sets washing machine/dryer dials; measures dry and liquid cleaners; identify and treat stains. |
| **Financial Management** | |
| 14 | Manage financial records on paper: maintains organized system for bills/financial statements permitting quick document retrieval; makes legible entries into financial records. |
| 15 | Read bills/financial statements: locates and accurately identifies company, amount due, and qualifying statements within time period that the client feels is reasonable (using paper or computer statements). |
| 16 | Write check/money order: completes all areas of the check/money order legibly enough for another person to read the check/order; makes accurate, legible, written entry into check ledger; able to complete task within a reasonable amount of time in community environments. |
| **Using the Telephone** | |
| 17 | Physically operate telephone: dialing/opening apps/using answering machine: accurately inputs telephone numbers-sequencing numbers or using speed dial; retrieves messages from answering machine; locates and open s desired app on smart phone; uses charger successfully. |
| 18 | Retrieve telephone numbers-familiar and unfamiliar using personal or commercial phonebook: accurately uses personal address book, landline phone memory function to recall familiar numbers; commercial telephone directory or directory assistance for unfamiliar numbers. |
| **Reading** | |
| 19 | TV guide on TV: reads well enough to obtain desired information and to select desired choice. |
| 20 | Books/Bible/text books: reads well enough to obtain enjoyment from activity. |
| 21 | Labels/instructions: reads well enough to gain desired information. |
| 22 | Credit/debit cards: reads well enough to accurately report credit/debit card number, expiration date and security code. |
| **Writing** | |
| 23 | Legible personal list that can be read back: writes a list or short note that writer can read back days later and/or another person can read list. |
| 24 | Legibly address envelope: position address accurately, stays on line; writing is legible to unfamiliar reader. |
| 25 | legible signature: positions signature accurately and stays on line; signature is consistent with legally accepted signature; completes task both at home and in community as needed. |
| **Functional Mobility** | |
| 26 | Ascend/descend stairs: safely navigates stairs (with safety features, rails, good lighting etc.) in familiar environments. |
| 27 | adjust to changes in walking surface: negotiates curbs, ramps, and transitions between surfaces (between carpet and vinyl or broken areas on sidewalks, etc.) without stopping; long hesitations, probing with cane or asking for assistance. |
| 28 | Avoid collisions/tripping: safely identifies and walks around objects and obstacles in familiar environments. |
| 29 | Locates and read signs: locates and identifies street signs, names of stores, reads signs in store windows, etc. |
| **Personal Preference Activities** | |
| 30 | Shaving-.Accurately shaves face, underarms, legs; cleans/maintains razor; trims beard/mustache; grooms eyebrows |
| 31 | Leisure Participation-other leisure activities important to client - completes components of activity with sufficient speed, accuracy and effort so that the activity is enjoyable as a leisure pursuit-includes computer games. (May include leisure tasks such as threading a fishing hook, cleaning paint brushes, etc. in this area). |
| 32 | Leisure-operate digital/CD player/radio/TV: operate digital (such as ipod/CD player/radio/TV) accurately locates and selects desired settings on devices and remote controllers. Changes batteries when needed. |
| 33. | Read Timepiece: accurately reads at least one portable or stationary timepiece in home and community environments. |