

**University of Alabama at Birmingham  
School of Nursing**

**Medical Provider Release for Student to Return to Classroom and Clinical Practicum Experiences**

(Form to be completed and signed by student's medical provider)

<b>Student Name</b>			
<b>Documentation of Absence Due to Medical Condition</b>			
The above named student has been <b><u>under my care</u></b> for a <b><u>condition requiring absence</u></b> from class or clinical learning activities on the <b><u>following dates</u></b> :			
<b>Medical Provider Signature</b>		<b>Date</b>	
<b>Medical Provider Release to Return to Classroom and Clinical Practicum Experiences.</b>			
√ <b><u>Please check appropriate box below.</u></b>			
	I certify that I have examined the above named student and that the <b><u>student has no physical or mental condition</u></b> that in my professional judgment would prevent the student from the meeting the Core Performance Standards (copy attached) provided to me by UAB School of Nursing.		
	I certify that I have examined the above named student and <b><u>that I have found a condition(s)</u></b> that would prevent the student, <b><u>with or without disability-related accommodations</u></b> , from meeting the Core Performance Standards(copy attached) provided to me by UAB School of Nursing. <b>I recommend that the student contact UAB's Disability Support Services to discuss disability-related accommodation options.</b>		
<b>Please specify the date when the student can safely return to classroom and clinical learning experiences:</b>			
<b>Additional Directions:</b>			
<b>Medical Provider Signature</b>		<b>Date</b>	

## UAB SCHOOL OF NURSING CORE PERFORMANCE STANDARDS

1. **Critical Thinking**: Critical thinking ability sufficient for clinical judgment.
  - Identifies safety issues in clinical situations
  - Identifies cause/effect relationships in clinical situations, develops, evaluates, and revises nursing plan of care as appropriate
  - Has the ability to make safe judgments when planning and implementing all psychomotor nursing prescriptions
  - Manages multiple priorities in stressful situations
  - Responds instantly to emergency situations
  - Exhibits arithmetic competence that would allow the student to read, understand and perform accurate calculations for computing medication dosages and intravenous flow rates
  - Analyze theories for application to advanced nursing practice
  - Identify cause/effect relationships in clinical judgement in clinical situations, develop clinical notes, employ diagnostic reasoning
  - Synthesize reading assignments, able to write course assignments
  
2. **Interpersonal**: Interpersonal abilities sufficient to interact with individuals and groups from diverse backgrounds
  - Establishes appropriate rapport with clients and colleagues
  - Has the ability to work in groups on course activities
  - Maintains therapeutic relationships with clients and colleagues
  - Respects cultural diversity and rights of others
  - Works effectively in small groups as a team member and as a team leader
  - Practices verbal and non-verbal therapeutic communication
  - Recognizes and attempts to resolve adverse events for both clients and colleagues
  
3. **Communication**: Communication abilities (hearing, speaking, reading, and writing) sufficient for interaction with others in verbal, written, assisted, and electronic form.
  - Writes and speaks English effectively so as to be understood by the general public
  - Has the ability to complete written assignments, participate in classroom discussion/activities, and complete group projects
  - Has the ability to focus in class without making disruptive interruptions
  - Communicates therapeutically with clients, families, and groups in a variety of settings
  - Documents client data and nursing care completely and accurately
  - Provides health teaching information for clients, families, and/or groups based on assessed needs, available resources, age, lifestyle, and cultural considerations
  - Has the ability to use a variety of computer programs and platforms
  - Must be able to give and receive constructive feedback, process feedback, and utilize it to conform behavior to expected professional standards
  - Explain treatment and diagnostic procedures in verbal and written form, initiate health teaching, document and interpret patient/client responses to acute and chronic illness
  
4. **Physical Mobility**: Physical abilities sufficient to move from room to room and maneuver in small spaces.
  - Able to attend and participate in class
  - Has the ability to push, pull and/or lift a minimum of 30 lbs. of weight
  - Has mobility and stamina sufficient to function for up to a 12-hour clinical experience in various settings
  - Lifts, moves, positions, and transports clients without causing harm to client or self
  - Has the ability to move around client's room, work spaces and treatment areas, in all clinical settings
  - Has the ability to stoop, bend, squat, and reach overhead as required to deliver care safely in emergent and non-emergent situations
  - Performs cardiopulmonary resuscitation according to recommended procedures and professional standards

5. **Gross and Fine Motor Skills:** Gross and fine motor abilities sufficient to provide safe and effective nursing care
  - Performs physical activities necessary to accomplish nursing skills, including but not limited to: putting on sterile gloves, donning mask and gown, operating a manual and electronic blood pressure cuff, using sterile technique and performing essential client care
  - Performs correct hand washing technique
  - Provides or assists with activities of daily living
  - Administers all routes of medications to maintain client safety
  - Has the ability to use computers and other electronic devices
  - Performs electronic keyboarding/documentation and/or extensive writing
  - Calibrates and uses equipment correctly (e.g. syringes, vials, ampoules, medication packages)
  - Has the gross and fine motor ability to grasp small objects (e.g. IV tubing, syringe, dropper)
  - Utilize instruments specific to the clinical specialty
  - Perform physical and developmental assessment maneuvers
  
6. **Auditory:** Auditory ability sufficient to monitor and assess health needs
  - Has the auditory ability to participate in class lectures and contribute to discussions
  - Hears verbal exchanges among health care personnel and clients
  - Has the auditory ability to monitor alarms, emergency signals, and cries for help
  - Has the auditory ability to hear and distinguish changes in tone and pitch for example when listening to a client's respirations, cardiac, and abdominal auditory characteristics when using a stethoscope
  
7. **Visual:** Visual ability sufficient for observation and assessment
  - Has the visual ability to observe audio-visual aids and client, peer, and faculty responses.
  - Has the visual ability to read medical documents; see small calibrations on sphygmomanometers, syringes, and thermometers; observe patient responses to interventions or health problems; and detect color changes
  - Performs nursing skills such as inserting urinary catheters and IV devices, counting respirations, and preparing or administering medications
  - Has the visual ability to discriminate colors, changes in color, size, and contour of body part
  - Has the visual ability to identify, prepare, and administer medications accurately and safely by all routes
  - Has the visual ability to observe patient responses
  - Has the visual ability to assess client visual acuity
  - Has the visual ability to inspect skin and body structures
  
8. **Tactile:** Tactile ability sufficient for physical assessment
  - Performs palpation functions correctively for physical examination and therapeutic interventions such as pulses, temperature, texture, firmness, softness, and physical landmarks
  
9. **Emotional Stability:** Emotional stability sufficient to tolerate rapid and changing conditions and environmental stress
  - Establishes therapeutic interpersonal boundaries
  - Provides clients with emotional support and respect differences in patients, families and other students
  - Complete all responsibilities in the assessment and implementation of nursing care for patients in a timely, safe and effective manner
  - Adapts to stressful situations and changing environments while maintaining professional conduct and standards
  - Have adequate environmental awareness and emotional stability to remain calm and function effectively in multiple, complex settings that may be stressful, noisy and may be potential harmful
  - Take responsibility for their own actions
  - Poses no threat to self or others
  - Performs potentially stressful tasks concurrently

10. **Professional Behavior:** Behave in a respectful, ethical and professional manner with others

- Interacts respectfully with peers, faculty, superiors, clients, and families
- Strives to provide quality client care
- Applies knowledge and clinical reasoning
- Reflects on own behavior and clinical performance with clients; engages in self-evaluations
- Has the ability to interact with peers and colleagues appropriately
- Has the ability to collaborate with clients, families, and others in nursing situations
- Integrates ethical behavior in nursing practice
- Performs activities safely, so as to not injure or harm others or self
- Recognizes that all students represent the nursing profession and must behave accordingly
- Respects and adheres to the policies and procedures of the School of Nursing and clinical agencies