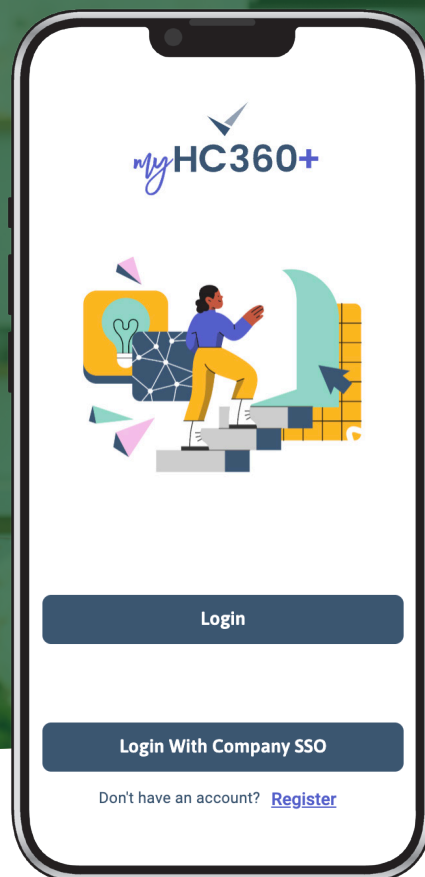


myHC360+ for
MY HEALTH REWARDS

Achieve Overall Wellbeing

UAB The University of
Alabama at Birmingham.

Employee Wellness




Everything At Your Fingertips...

Get more than ever before with the myHC360+ mobile app for My Health Rewards — more access, more support and better tracking. Log in to your new wellness app by following these instructions and get started today.

If you have questions, contact HealthCheck360 at 1-866-511-0360 or support@healthcheck360.com to get started today!

TO LOG IN TO YOUR ACCOUNT...

- » Download the **myHC360+** mobile app for iPhone or Android. 
- » Select "Login to SSO" option and enter either your UAB email address or UAB's company code: **UAB01**
- » You will be redirected outside of the myHC360+ app to UAB's internal system to login with your **BlazerID** and **Password**.
- » Once approved, you will be redirected to the myHC360+ app to start earning points!



PRO TIP

CONNECT A DEVICE FROM YOUR APP

Get the most from your experience by connecting your wearable device:

- Select the My Profile icon (👤) at the top of your screen.
- Select Connect a Device.
- Find your fitness app or device and select Connect.
- Select the data you want to share and then Allow.