

TAILGATING EATS FOR BLAZER FANS

GREEN & GOLD GUACAMOLE

INGREDIENTS

- 2 ripe avocados
- 1 roma or vine tomato
- 1/4 cup chopped red onion
- 1/4 cup chopped fresh cilantro
- · Sea salt
- 2-3 limes
- 1-2 jalapeño or Serrano chilies, optional

DIRECTIONS

- Peel and pit avocados and finely chop onion and add to a bowl. Use a fork to mash up all of the avocado.
- 2. Wash and cut the tomato in half and remove all the seeds and liquid,



- then dice the flesh only and add to the bowl.
- 3. Wash and spin-dry fresh cilantro and finely chop until you have about 1/4 cup chopped cilantro and add to the
- bowl.
- 4. Add finely chopped chilies, if desired.
- 5. Season with sea salt and lime juice, stir well and serve.

