



Hopeful Healing

An EACC SUPPORT GROUP for COPING with CHRONIC ILLNESS

It is not uncommon for those living with a chronic illness to experience pain, fatigue, physical changes, stress or difficulty with usual activities. Join EACC Counselor Khoi Bishop for a confidential, member-led, virtual discussion, and find hope in sharing your personal experiences and knowing you are not alone.

WHEN & WHERE:

Group meets the last Tuesday of the month, 5:15 to 6:15 p.m., via Zoom. *Be sure to check the Campus Calendar for schedule changes during the holidays.*

WHO:

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, i3 Academy, and Southern Research employees, and members of their immediate household.

REGISTRATION:

First-time participants must complete the Group Counseling Intake Form at go.uab.edu/eaccforms. You will receive a confirmation email and Zoom link within three business days of submitting your form. To request disability accommodations, email HRAWARE@uab.edu.