



Self Portrait

AN EACC THERAPEUTIC ART GROUP

Create a self-portrait representing the person you are now and incorporating lessons you have learned, in this virtual session with EACC Counselor Carrie May. As this is a symbolic creation, feel free to use materials to represent strengths, insights or discoveries you may have noticed. *No art experience needed.*

WHEN & WHERE:

Friday, June 13, 3 to 4 p.m., via Zoom

WHO:

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, i3 Academy, and Southern Research employees, and members of their immediate household.

MATERIALS:

Please have paper and markers, colored pencils or paints ready prior to joining the session, or feel free to use computer software for art creation.

REGISTRATION:

Email carriemay@uabmc.edu for Zoom link and password. Email HRAWARE@uab.edu to request disability accommodations.

