



Love Mandala

AN EACC THERAPEUTIC ART GROUP

Participants will create a mandala to represent how they love in their life — how they love themselves and how they love others — in this session with EACC Counselor Carrie May. *No art experience needed.*

WHEN & WHERE:

Wednesday, February 18,
2-3 p.m., via Zoom

WHO:

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, i3 Academy, and Southern Research employees, and members of their immediate household.

MATERIALS:

Please have paper and markers, colored pencils or paints ready prior to joining the session, or feel free to use computer software for art creation.

REGISTRATION:

Email carriemay@uabmc.edu for Zoom link and password. Email HRAWARE@uab.edu to request disability accommodations.

